

Listening, Seeing, Speaking through the ears, eyes and lips of our Heart

The Rev'd Brother James Koester from the Society of St. John the Evangelist shared a way of listening with the clergy last year.

There are many different ways to listen:

In one ear out the other: this is hearing not listening

Listening critically is more like judging

Listen analytically: getting to the end of the argument before the speaker

Listen to the teachings of a loving father: not just about hearing, analyzing, or criticizing; instead **listen with the ears of your heart.**

The heart is the seat of emotion, place of passion, source of love.

Listen Allow emotions to be touched

 Let your passions be aroused

 Let your love be kindled

God initiated cause God has something he wants to say to me.

I would like to encourage you to practice the art of listening with the ears of your heart.

Then take it a step further and practice the art of seeing with the eyes of your heart.

Seeing with eyes of your heart.

Look and let what you see

 Touch your emotions

 Arouse your passion

 Kindle your love.

Take another step and practice the art of speaking with the lips of your heart.

Speak such that those you speak with experience

 Their emotions touched

 Their passion aroused

 Their love kindled

This is not something we do automatically because we read this and say yes... that is who I want to be, what I want to do.